# Generalized Conforming Triangular Element for Thermal Bending Analysis of Thin Plate 

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#### Abstract

The generalized conforming triangular finite element with nine degrees of freedom for thermal bending analysis of thin plate due to the temperature gradient through its thickness is developed. The finite element formulation with detailed finite element matrices are derived based on the modified potential energy principle and the generalized compatibility conditions. The closed-form of the thermal loading which can be apply directly to the computer program is also derived and express. The effectiveness of the proposed element is evaluated by several examples. Results show that the element exhibits good performance for the analysis of plate bending problem under thermal loading.


Keywords: finite element method, thermal plate bending, generalized conforming, triangular element

## 1. Introduction

The finite element method has been widely used for the analysis of plate bending problems as the exact solutions of the real applications cannot be derived. The difficulty of the finite element in plate bending is the requirement of $\mathrm{C}_{1}$ continuity so that the value of transverse deflection $w$ and its slope must impose continuity between elements. Such difficulty brings about various types of plate bending elements which have been developed during the past decades [1-4].

Early developed plate bending elements were the non-conforming element type, such as the well-known BCIZ triangular element [5] which could provide good solution accuracy in plate bending analysis. The element was non-conforming since the normal slope along the element edges cannot be represented by the corner node connections. It was found that the solution obtained from the non-conforming elements sometimes was superior to that obtained from the conforming element type. However, these nonconforming elements sometimes caused divergent results in some problems so that the convergence to the correct result could not be ensured. Meanwhile, the conforming element types were quite complicated to formulate and were found to be too stiff as it imposed excessive conditions of continuity [6]. As a result, these elements generally did not used in the real applications.

Another element type was the thin plate DKT element based on discrete Kirchhoff theory [3]. Although this element provides high solution accuracy [7, 8], the element formulation was quite complicate and the transverse displacement $w$ was defined only along element sides.

Another type of thin plate bending element was the generalized conforming element [9]. The generalized conforming element was formulated based on the modified potential energy principle and the generalized compatibility conditions by using the point
compatibility conditions at each node and the line compatibility conditions along each side [10]. The nine degrees of freedom triangular element GPL-T9 then can be formulated. The result obtained from the element passes the patch test and provides excellent performance. The generalized conforming element is also easy to program as the closed-form expression of the corresponding finite element matrices can be found. However, the formulations of the GPL-T9 element were developed for bending analysis only for the plates under the applied mechanical loading. The finite element formulation for this element type under thermal loading, such as temperature gradient through the plate thickness, has not been found in any literature. The main objective of this paper is thus to present the formulation and the effectiveness of the GPL-T9 element in thermal bending analysis of thin plate.

The paper begins by presenting the governing differential equations for predicting the thin plate bending behaviors under the thermal loading. The corresponding finite element equations that include the element matrices with the thermal load vector are derived and presented. Several thin-plate thermal bending examples are used to evaluate the solution accuracy of the finite element formulation developed. Such solutions are also compared with those occurred from the well-known nonconforming triangular thin plate bending element (BCIZ) and the discrete Kirchhoff triangular element (DKT).

## 2. Governing Equations

The equation for the transverse deflection $w$ in $z$ direction normal to the $x-y$ plane of a thin plate with the temperature $T(z)$ through its thickness $t$ is given by the equilibrium equation [11],

$$
\begin{equation*}
D\left(\frac{\partial^{4} w}{\partial x^{4}}+2 \frac{\partial^{4} w}{\partial x^{2} \partial y^{2}}+\frac{\partial^{4} w}{\partial y^{4}}\right)=-\frac{1}{1-v}\left(\frac{\partial^{2} M_{T}}{\partial x^{2}}+\frac{\partial^{2} M_{T}}{\partial y^{2}}\right)+p(x, y) \tag{1}
\end{equation*}
$$

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where $p(x, y)$ is the applied load normal to the $x-y$ plane, $v$ is Poisson's ratio and $D$ is the bending rigidity which can be defined as,

$$
\begin{equation*}
D=\frac{E t^{3}}{12\left(1-v^{2}\right)} \tag{2}
\end{equation*}
$$

where $E$ is the modulus of elasticity, $t$ is the thickness of the plate. The thermal moment $M_{T}$ in Eq. (1) is defined by,

$$
\begin{equation*}
M_{T}=E \alpha \int_{-t / 2}^{t / 2}\left(T(z)-T_{0}\right) z d z \tag{3}
\end{equation*}
$$

## 3. Finite Element Equations

### 3.1 Generalized Conforming Element

To formulate a generalized conforming thin plate element, the modified potential energy theorem should be used as [12],

$$
\begin{gather*}
\Pi_{m p}=\Pi_{p}-\sum H=\text { stationary }  \tag{4}\\
\Pi_{p}=\iint_{A_{e}} \frac{D}{2}\left[\left(\frac{\partial^{2} w}{\partial x^{2}}\right)^{2}+\left(\frac{\partial^{2} w}{\partial y^{2}}\right)^{2}+2 v \frac{\partial^{2} w}{\partial x^{2}} \frac{\partial^{2} w^{2}}{\partial y^{2}}\right. \\
\left.+2(1-v)\left(\frac{\partial^{2} w}{\partial x \partial y}\right)^{2}\right] d x d y-\iint_{A_{e}} p w d x d y  \tag{5}\\
H=\int_{\partial A_{e}}\left[M_{n}\left(\frac{\partial w}{\partial n}+\tilde{\theta}_{s}\right)+M_{n s}\left(\frac{\partial w}{\partial s}-\frac{\partial \tilde{w}}{\partial s}\right)-Q_{n}(w-\tilde{w})\right] d s \tag{6}
\end{gather*}
$$

where $\Pi_{p}$ and $\Pi_{m p}$ are functions of minimum and modified potential energy theorems, respectively. $H$ is the additional energy corresponding to the incompatible displacements on the element boundary $\partial A_{e}$ in which $Q_{n}, M_{n}$ and $M_{n s}$ are Lagrange multipliers which denote the boundary tractions (transverse shear, normal moment and twisting moment) on the boundary $\partial A_{e}, n$ and $s$ denote the normal and tangential directions of the boundary, respectively. $w$ is the deflection within the element. $\tilde{w}$ is the boundary deflection of the element. And $\tilde{\theta}_{s}$ is the boundary rotation about the tangential axis $s$ on $\partial A_{e}$.

In the limit as the size of the element tends to zero, the additional energy $H$ is assumed to vanish such that,

$$
\begin{equation*}
H=\int_{\partial A_{c}}\left[M_{n}\left(\frac{\partial w}{\partial n}+\tilde{\theta_{s}}\right)+M_{n s}\left(\frac{\partial w}{\partial s}-\frac{\partial \tilde{w}}{\partial s}\right)-Q_{n}(w-\tilde{w})\right] d s=0 \tag{7}
\end{equation*}
$$

Therefore, $\Pi_{m p}$ degenerates to $\Pi_{p}$ and the element stiffness matrix can be formulated on the basis of the degenerated form $\Pi_{p}$. The element so formulated is called a generalized conforming element.

In order to satisfy Eq. (7), we will first apply the formula of integration by parts and rewrite Eq. (7) as,

$$
\begin{align*}
H= & \int_{\partial A_{e}}\left[M_{n}\left(\frac{\partial w}{\partial n}+\tilde{\theta_{s}}\right)-\left(Q_{n}+\frac{\partial M_{n s}}{\partial s}\right)(w-\tilde{w})\right] d s \\
& +\sum_{j}\left(\Delta M_{n s}\right)_{j}(w-\tilde{w})_{j}=0 \tag{8}
\end{align*}
$$

where $j$ denotes the nodal point of the element and $\left(\Delta M_{n s}\right)_{j}$ is the difference between the twisting moments acting at both sides of nodal point $j$. Then, the deflection field $w$ is assumed to satisfy the following conditions,

$$
\begin{gather*}
(w-\tilde{w})_{j}=0 \quad(\text { at each node } j)  \tag{9}\\
\int_{S_{k}}(w-\tilde{w}) d s=0  \tag{10}\\
\left.\int_{S_{k}}\left(\frac{\partial w}{\partial n}+\tilde{\theta}_{s}\right) d s=0 \quad \text { (on each side } S_{k}\right) \tag{11}
\end{gather*}
$$

Equation (9) is the point compatibility condition for nodal deflection at each node. Other two equations, Eqs. (10) - (11), are the line compatibility conditions for average deflection and average normal slope along each side of the element. It is obviously that Eqs. (9) (11) are a strong form of the condition Eq. (8).

### 3.2 The Generalized Conforming Triangular

## Element (GPL-T9)

A triangular thin-plate bending element with 9 DOF is shown in Fig. 1. The vector of nodal unknowns $\{\delta\}^{e}$ is defined as,

$$
\{\delta\}^{e}=\left[\begin{array}{lllllllll}
w_{1} & \theta_{x 1} & \theta_{y 1} & w_{2} & \theta_{x 2} & \theta_{y 2} & w_{3} & \theta_{x 3} & \theta_{y 3} \tag{12}
\end{array}\right]^{T}
$$

where $\theta_{x i}=(\partial w / \partial y)_{i}$ and $\theta_{y i}=-(\partial w / \partial x)_{i}$ denote the nodal rotations.


Fig. 1 Triangular plate bending element with 9 DOF
The deflection $\tilde{w}$ and normal slope $\tilde{\theta}_{s}$ along side 12 are assume to be cubic and linear respectively as,
$\tilde{w}_{12}=\left(L_{1}+L_{1}^{2} L_{2}-L_{2}^{2} L_{1}\right) w_{1}-b_{3} L_{1}^{2} L_{2} \theta_{x 1}-c_{3} L_{1}^{2} L_{2} \theta_{y 1}$
$+\left(L_{2}+L_{2}{ }^{2} L_{1}-L_{1}^{2} L_{2}\right) w_{2}+b_{3} L_{2}^{2} L_{1} \theta_{x 2}+c_{3} L_{2}{ }^{2} L_{1} \theta_{y 2}$
$\tilde{\theta}_{s 12}=\frac{1}{d_{3}}\left[L_{1}\left(c_{3} \theta_{x 1}-b_{3} \theta_{y 1}\right)+L_{2}\left(c_{3} \theta_{x 2}-b_{3} \theta_{y 2}\right)\right]$

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where $L_{i}(i=1,2,3)$ denotes area coordinates, $d_{i}(i=$ $1,2,3$ ) denotes the side length, and $b_{3}=y_{1}-y_{2}$ and $c_{3}=x_{2}-x_{1}$ are the coefficients appear in the area coordinates. Similar expressions for side 23 and 31 can be obtained by permutation.

Therefore, the deflection field $w$ over the element can be express as follows,

$$
\begin{equation*}
w=w_{1} L_{1}+w_{2} L_{2}+w_{3} L_{3}+\hat{w} \tag{15}
\end{equation*}
$$

and

$$
\begin{equation*}
\hat{w}=\lambda_{1} L_{1} L_{2}+\lambda_{2} L_{2} L_{3}+\lambda_{3} L_{3} L_{1}+\lambda_{4} F_{4}+\lambda_{5} F_{5}+\lambda_{6} F_{6} \tag{16}
\end{equation*}
$$

where

$$
\begin{align*}
& F_{4}=L_{1}\left(L_{1}-1 / 2\right)\left(L_{1}-1\right) \\
& F_{5}=L_{2}\left(L_{2}-1 / 2\right)\left(L_{2}-1\right)  \tag{17}\\
& F_{6}=L_{3}\left(L_{3}-1 / 2\right)\left(L_{3}-1\right)
\end{align*}
$$

It can be verified that the nodal compatibility condition Eq. (9) is already satisfied. The coefficients $\lambda_{1}, \lambda_{2}, \ldots, \lambda_{6}$ in Eq. (16) are determined from the line compatibility condition Eqs. (10) and (11).

Consequently, the deflection field $w$ can be rewritten in the form of,

$$
\begin{equation*}
w=\lfloor N\rfloor\{\delta\}^{e}=\sum_{i=1}^{3}\left(N_{i} w_{i}+N_{x i} \theta_{x i}+N_{y i} \theta_{y i}\right) \tag{18}
\end{equation*}
$$

where

$$
\begin{align*}
N_{1}= & L_{1}-2 F_{4}+\left(1-r_{2}\right) F_{5}+\left(1+r_{3}\right) F_{6} \\
N_{x 1}= & -\frac{b_{3}}{2} L_{1} L_{2}+\frac{b_{2}}{2} L_{3} L_{1}-\frac{1}{2}\left(b_{2}-b_{3}\right) F_{4} \\
& -\frac{1}{2}\left(r_{2} b_{2}+b_{3}\right) F_{5}-\frac{1}{2}\left(r_{3} b_{3}-b_{2}\right) F_{6}  \tag{19}\\
N_{y 1}= & -\frac{c_{3}}{2} L_{1} L_{2}+\frac{c_{2}}{2} L_{3} L_{1}-\frac{1}{2}\left(c_{2}-c_{3}\right) F_{4} \\
& -\frac{1}{2}\left(r_{2} c_{2}+c_{3}\right) F_{5}-\frac{1}{2}\left(r_{3} c_{3}-c_{2}\right) F_{6}
\end{align*}
$$

and

$$
\begin{equation*}
r_{1}=\frac{d_{2}^{2}-d_{3}^{2}}{d_{1}^{2}}, r_{2}=\frac{d_{3}^{2}-d_{1}^{2}}{d_{2}^{2}}, \quad r_{3}=\frac{d_{1}^{2}-d_{2}^{2}}{d_{3}^{2}} \tag{20}
\end{equation*}
$$

The expression for six other shape functions can be obtained by permutation. Based on these shape functions, the element stiffness matrix $[K]$ can be derived.

The finite element equations for thermal bending analysis of thin plate can be written in the form of,

$$
\begin{equation*}
[K]\{\delta\}=\left\{F_{T}\right\}+\left\{F_{p}\right\} \tag{21}
\end{equation*}
$$

where $[K]$ is the element stiffness matrix, $\{\delta\}$ is the vector of the element nodal unknowns which contains transverse deflection and the rotations at each node, and $\left\{F_{T}\right\}$ is the equivalent nodal forces due to the thermal load associated with the temperature gradient through the plate thickness. While $\left\{F_{p}\right\}$ is the nodal force vector due to the applied lateral loads which is not considered in this study.

The element stiffness matrix $[K]$ is given by,

$$
\begin{equation*}
[K]=\iint_{A}[B]^{T}[D][B] d A \tag{22}
\end{equation*}
$$

where

$$
\begin{gather*}
{[D]=\frac{E t^{3}}{12\left(1-v^{2}\right)}\left[\begin{array}{ccc}
1 & v & 0 \\
v & 1 & 0 \\
0 & 0 & \frac{1-v}{2}
\end{array}\right]}  \tag{23}\\
{[B]=\left[\begin{array}{l}
-\left\lfloor\frac{\partial^{2} N}{\partial x^{2}}\right\rfloor \\
-\left\lfloor\frac{\partial^{2} N}{\partial y^{2}}\right\rfloor \\
-2\left\lfloor\frac{\partial^{2} N}{\partial x \partial y}\right\rfloor
\end{array}\right]} \tag{24}
\end{gather*}
$$

The closed-form of the stiffness matrix can be written as,

$$
\begin{equation*}
[K]=[R]^{T}[Q][R] \tag{25}
\end{equation*}
$$

where the matrices $[R]$ and $[Q]$ is given in Appendix.
The vector of the equivalent nodal forces due to the thermal load $\left\{F_{T}\right\}$ in Eq. (21) can be derived by,

$$
\begin{equation*}
\left\{F_{T}\right\}=\frac{1}{1-v} \int_{A}[B]^{T}\{M\} d A \tag{26}
\end{equation*}
$$

where the vector $\{M\}$ is given by,

$$
\{M\}^{T}=\left\lfloor\begin{array}{lll}
M_{T} & M_{T} & 0  \tag{27}\\
\hline
\end{array}\right.
$$

The thermal moment, $M_{T}$, in Eq. (27) is the function of the temperature through the plate thickness as defined in Eq. (3). The vector of the equivalent nodal thermal forces $\left\{F_{T}\right\}$ in Eq. (26) can be rewritten as,

$$
\left\{F_{T}\right\}=\frac{1}{1-v} M_{T} \int_{A}[B]^{T} d x d y\left\{\begin{array}{l}
1  \tag{28}\\
1 \\
0
\end{array}\right\}
$$

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$$
\left\{F_{T}\right\}=\frac{1}{1-v} M_{T}[B A]\left\{\begin{array}{l}
1  \tag{29}\\
1 \\
0
\end{array}\right\}
$$

where the closed-form of matrix $[B A]$ is shown in Appendix.

The closed-form expressions of the thermal load vector in Eq. (29) which have been derived in this study can be implemented for computer programming directly. The validity of the derived thermal load vector above is examined by thermal plate bending examples that have exact solutions as presented in the next section.

## 4. Applications

Three examples which have exact solutions are presented in this section. The first example is chosen to evaluate the performance of the GPL-T9 plate bending element. The other two problems demonstrate the effectiveness of the proposed element compared with the DKT and BCIZ triangular elements.

### 4.1 Free square plate

A square plate of which all edges are set to be free and the temperature varies linearly through the thickness is shown in Fig. 2. The plate is assumed to have the thickness $(t)$ of 0.01 m , the modulus of elasticity $(E)$ of $7.2 \times 10^{10} \mathrm{~N} / \mathrm{m}^{2}$, the Poisson's ratio (v) of 0.33 , and the thermal expansion coefficient $(\alpha)$ of $2.3 \times 10^{-7} /{ }^{\circ} \mathrm{C}$. The plate has the temperatures of the upper surface $\left(T_{U}\right)$ of $100{ }^{\circ} \mathrm{C}$ and the lower surface $\left(T_{L}\right)$ of $25^{\circ} \mathrm{C}$. The exact transverse deflection ( $w$ ) of free square plate with linear temperature distribution through its thickness can be derived [13] and is given by,

$$
\begin{equation*}
w(x, y)=-\frac{\alpha \Delta T}{2 t}\left(x^{2}+y^{2}\right) \tag{30}
\end{equation*}
$$

where $\Delta T$ is the temperature difference between upper and lower surface.

Due to its symmetry, only the top right quarter of the plate is modeled and analyzed. The finite element model for this problem is illustrated in Fig. 3. The model is divided to $4 \times 4$ intervals consisted of uniform meshes with 25 nodes and 32 elements. Figure 4 shows the predicted transverse deflections along the $x$ axis obtained from GPL-T9 element. It can be seen that the results obtained from the proposed element are definitely the same as the exact solution at any points of nodes. This shows the performance of the GPL-T9 element that can accurately predict the transverse deflections of the plate due to temperature gradient through its thickness.


Fig. 2 Free square plate with linear temperature gradient through its thickness.


Fig. 3 Finite element meshes of free square plate


Fig. 4 Comparative transverse deflections along $x$-axis

### 4.2 Clamped and simply supported rectangular plate

The clamped and simply supported rectangular plate of which the temperature varies linearly along the thickness only is considered. This plate is clamped along the edges $y= \pm b / 2$ and simply supported along the edges $x=0$ and $x=a$ as shown in Fig. 5. The derivation for the exact solution of the deflection $(w)$ is given in Ref. [14] as,
$w(x, y)=\sum_{m=1,3,5}^{\infty}\left(A_{m} \cosh \alpha_{m} y+D_{m} y \sinh \alpha_{m} y+K_{m}\right) \sin \alpha_{m} x$
where $\alpha_{m}, A_{m}, D_{m}, K_{m}$ and $\Delta_{m}$ are,

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$$
\begin{align*}
\alpha_{m} & =\frac{m \pi}{a}  \tag{32}\\
A_{m} & =-K_{m}\left(\frac{1}{2} \alpha_{m} b \cosh \frac{1}{2} \alpha_{m} b+\sinh \frac{1}{2} \alpha_{m} b\right) / \Delta_{m}  \tag{33}\\
D_{m} & =K_{m} \alpha_{m}\left(\sinh \frac{1}{2} \alpha_{m} b\right) / \Delta_{m}  \tag{34}\\
K_{m} & =\frac{4 M_{T}}{a D \alpha_{m}^{3}}  \tag{35}\\
\Delta_{m} & =\frac{1}{2} \alpha_{m} b+\sinh \frac{1}{2} \alpha_{m} b \cosh \frac{1}{2} \alpha_{m} b
\end{align*}
$$

while $D$ and $M_{T}$ are given in Eqs. (2) and (3), respectively.


Fig. 5 Clamped and simply supported rectangular plate with linear temperature gradient through its thickness.

In this example, the geometric properties of plates are the width $(a)=2 \mathrm{~m}$, the length $(b)=4 \mathrm{~m}$, and the thickness $(t)=0.01 \mathrm{~m}$. The physical properties of the plate are taken as the modulus of elasticity $(E)$ of 190 GPa , the Poisson's ratio ( $v$ ) of 0.3 , and the thermal expansion coefficient $(\alpha)$ of $16 \times 10^{-6} /{ }^{\circ} \mathrm{C}$. The temperatures of the upper surface $\left(T_{U}\right)$ and the lower surface $\left(T_{L}\right)$ of the plate are $60{ }^{\circ} \mathrm{C}$ and $0{ }^{\circ} \mathrm{C}$, respectively.

Since the problem is symmetrical, a quarter of the plate is analyzed. The models consist of the uniform $4 \times 8,8 \times 16$ and $16 \times 32$ mesh divisions which have 45 nodes, 153 nodes and 561 nodes, respectively. The example of finite element models using in the analysis is shown in Fig. 6. The deflections at the plate center $\left(w_{c}\right)$ obtained in the present analysis are illustrated in Fig. 7. It can be seen that the results obtained from all element types converge to the exact solution as the meshes are refined. The results show that the GPL-T9 element performs very well and provides higher solution accuracy than other element types.


Fig. 6 The $4 \times 8$ finite element meshes of the clamped and simply supported rectangular plate.


Fig. 7 Predicted central deflections of the clamped and simply supported rectangular plate compared with the exact solution.

### 4.3 Simply supported parallelogram plate

A problem statement of the simply supported parallelogram plate with linear temperature gradient through its thickness is shown in Fig. 8. The dimensions of the plate in the analysis are $a=2 \mathrm{~m}, b=$ 1 m and $\gamma=30^{\circ}$. The plate is assumed to have the modulus of elasticity ( $E$ ) of 190 GPa , the Poisson's ratio $(v)$ of 0.3 , the thermal expansion coefficient $(\alpha)$ of $16 \times 10^{-6} /{ }^{\circ} \mathrm{C}$, the thickness $(t)$ of 0.01 m , the upper surface temperature $\left(T_{U}\right)$ of $60{ }^{\circ} \mathrm{C}$, and the lower surface temperature $\left(T_{L}\right)$ of $0{ }^{\circ} \mathrm{C}$. The exact central transverse deflection $\left(w_{c}\right)$ of the simply supported parallelogram plate for $a / b=2$ and $\gamma=30^{\circ}$ is given by [15],

$$
\begin{equation*}
w_{c}=0.090135 \frac{M_{T} b^{2}}{D} \tag{37}
\end{equation*}
$$

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Fig. 8 Simply supported parallelogram plate with linear temperature gradient through its thickness.
where $D$ and $M_{T}$ are the same as written in Eqs. (2) and (3), respectively.

The model is discretized into uniform meshes of $8 \times 4$ ( 45 nodes), $16 \times 8$ ( 153 nodes) and $20 \times 10$ (231 nodes) intervals as illustrated in Fig. 9 (a)-(c). The predicted central transverse deflections compared with the exact solution are shown in Fig. 10. The results indicate that both DKT and GPL-T9 elements apparently provides good solution accuracy while the solution obtained from the non-conforming BCIZ element diverges from the exact solution.


Fig. 9 Finite element meshes of parallelogram plate.


Fig. 10 Predicted central deflections of the simply supported parallelogram plate compared with the exact solution.

## 5. Conclusion

The generalized conforming triangular element for plate bending analysis with the temperature gradient through its thickness was presented. The finite element formulation with detailed finite element matrices were derived based on the modified potential energy principle and the generalized compatibility
conditions. The finite element stiffness matrix and the equivalent nodal forces due to the thermal load of the GPL-T9 plate bending element were derived and rewritten in closed-form which can be used in computer programming directly. The presented examples demonstrated that the generalized conforming plate bending element GPL-T9 with the proposed thermal load formulation provides good solution accuracy in thermal bending analysis of thin plate. The results obtained from the proposed element also converge to the exact solution when the mesh is refined. The solution accuracy obtained from both DKT and GPL-T9 elements is quite in the same high quality; however, the GPL-T9 is better when we consider in the simplicity of its formulation. Moreover, the non-conforming plate bending element BCIZ is somehow unreliable in some cases as we have seen in the third example that it gives diverged solution.

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## 7. Appendix

The closed-form of the stiffness matrix $[K]$ is given in Eq. (25) as,

$$
\begin{equation*}
[K]=[R]^{T}[Q][R] \tag{A1}
\end{equation*}
$$

where the matrices $[R]$ and $[Q]$ is defined by,

$$
\begin{equation*}
[R]=[C][A] \tag{A2}
\end{equation*}
$$

$[C]=-\frac{1}{4 A^{2}}\left[\begin{array}{cccccc}2 b_{1} b_{2} & 2 b_{2} b_{3} & 2 b_{3} b_{1} & 3 b_{1}{ }^{2} & -3 b_{2}{ }^{2} & -3 b_{3}{ }^{2} \\ 2 b_{1} b_{2} & 2 b_{2} b_{3} & 2 b_{3} b_{1} & -3 b_{1}{ }^{2} & 3 b_{2}{ }^{2} & -3 b_{3}{ }^{2} \\ 2 b_{1} b_{2} & 2 b_{2} b_{3} & 2 b_{3} b_{1} & -3 b_{1}{ }^{2} & -3 b_{2}{ }^{2} & 3 b_{3}{ }^{2} \\ 2 c_{1} c_{2} & 2 c_{2} c_{3} & 2 c_{3} c_{1} & 3 c_{1}{ }^{2} & -3 c_{2}{ }^{2} & -3 c_{3}{ }^{2} \\ 2 c_{1} c_{2} & 2 c_{2} c_{3} & 2 c_{3} c_{1} & -3 c_{1}{ }^{2} & 3 c_{2}{ }^{2} & -3 c_{3}{ }^{2} \\ 2 c_{1} c_{2} & 2 c_{2} c_{3} & 2 c_{3} c_{1} & -3 c_{1}{ }^{2} & -3 c_{2}{ }^{2} & 3 c_{3}{ }^{2} \\ 2\left(b_{1} c_{2}+b_{2} c_{1}\right) & 2\left(b_{2} c_{3}+b_{3} c_{2}\right) & 2\left(b_{3} c_{1}+b_{1} c_{3}\right) & 6 b_{1} c_{1} & -6 b_{2} c_{2} & -6 b_{3} c_{3} \\ 2\left(b_{1} c_{2}+b_{2} c_{1}\right) & 2\left(b_{2} c_{3}+b_{3} c_{2}\right) & 2\left(b_{3} c_{1}+b_{1} c_{3}\right) & -6 b_{1} c_{1} & 6 b_{2} c_{2} & -6 b_{3} c_{3} \\ 2\left(b_{1} c_{2}+b_{2} c_{1}\right) & 2\left(b_{2} c_{3}+b_{3} c_{2}\right) & 2\left(b_{3} c_{1}+b_{1} c_{3}\right) & -6 b_{1} c_{1} & -6 b_{2} c_{2} & 6 b_{3} c_{3}\end{array}\right]$
(A3)

$$
[Q]=\frac{E t^{3}}{12\left(1-v^{2}\right)}\left[\begin{array}{ccc}
{[P]} & v[P] & {[0]}  \tag{A5}\\
v[P] & {[P]} & {[0]} \\
{[0]} & {[0]} & \frac{1-v}{2}[P]
\end{array}\right]
$$

(A4)


$$
[P]=\frac{A}{12}\left[\begin{array}{lll}
2 & 1 & 1  \tag{A6}\\
1 & 2 & 1 \\
1 & 1 & 2
\end{array}\right]
$$

The vector of the equivalent nodal thermal forces $\left\{F_{T}\right\}$ is given in Eq. (29) as,

$$
\left\{F_{T}\right\}=\frac{1}{1-v} M_{T}[B A]\left\{\begin{array}{l}
1  \tag{29}\\
1 \\
0
\end{array}\right\}
$$

where the closed-form of matrix $[B A]$ is in the form of,

$$
\begin{gather*}
{[B A]=[A]^{T}[T]}  \tag{A7}\\
{[T]=\frac{1}{4 A}\left[\begin{array}{ccc}
-2 b_{1} b_{2} & -2 c_{1} c_{2} & -2\left(b_{1} c_{2}+b_{2} c_{1}\right) \\
-2 b_{2} b_{3} & -2 c_{2} c_{3} & -2\left(b_{2} c_{3}+b_{3} c_{2}\right) \\
-2 b_{3} b_{1} & -2 c_{3} c_{1} & -2\left(b_{3} c_{1}+b_{1} c_{3}\right) \\
b_{1}{ }^{2} & c_{1}{ }^{2} & 2 b_{1} c_{1} \\
b_{2}{ }^{2} & c_{2}{ }^{2} & 2 b_{2} c_{2} \\
b_{3}{ }^{2} & c_{3}{ }^{2} & 2 b_{3} c_{3}
\end{array}\right]} \tag{A8}
\end{gather*}
$$

